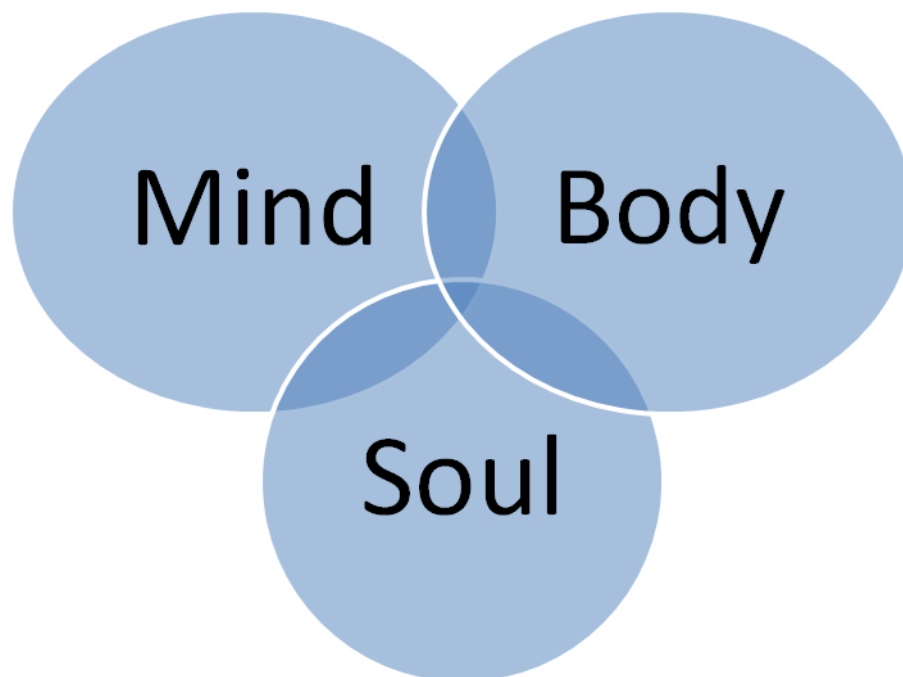


Looking for a Great Way to Jump Start Your New Year's Resolution? New at OGI: Yoga & Pilates Classes!



Whether you are working on that New Year's resolution or just looking for some "ME" time? Join us for some new and exciting classes offered here at OGI.

Class Schedule:

	<u>Instructor</u>	<u>Yoga</u>	<u>Pilates</u>
Monday	Dana	9:30 AM	10:45 AM
Thursday	Dana	10:45 AM	9:30 AM
Saturday	Sarah	1:45 PM	12:15 PM

<u>Fees:</u>	<u>Member</u>	<u>Non Member</u>
Each Class:	\$10.00	\$12.50
1 X / week (fixed schedule):	\$38.00 / month	\$45.00 / month
1 each / 1X per week:	\$57.00 / month	\$67.50 / month
Unlimited:	\$75.00 / month	\$100.00 / month

Both Yoga and Pilates will have a nurturing affect on you and your body. Enjoy some personal time to soothe and center your mind, body and soul. Release stress and develop a greater level of fitness and muscle tone with these wonderful experiences.